

Apple Sorbet

Ingredients

Apple Juice

Glucose

Lemon Juice

Egg White

4 Bramley Apples

Method

1. Pour the Clear Apple juice into a bowl.
2. Warm the glucose and sweeten the apple juice to taste.
3. Add the lemon juice and check for sweetness and acidity.
4. Measure the sorbet mixture and add 1 egg white to the pint

And mix in, the sorbet is now ready to use/ churn.

Peel and core 4 bramley apples and cut each into eight pieces, place in a bowl and wrap tightly with clingfilm, microwave for 5 mins or until soft and mushy, pass through a sieve and place in piping bag for the centre of the apple.